

**MCj04042730000[1] Spotting visual problems.**

Listed below are some of the signs that may indicate vision difficulties:

* Short attention span and the inability to concentrate on visual tasks.
* Poor hand-eye co-ordination.
* Tripping and bumping into objects.
* Thrusting forward or tilting the head.
* Squinting or frowning while looking at distant objects.
* Rubbing the eyes.
* Constant blinking and complaining of dizziness or headaches.
* Posture when using eyes for close work.
* Avoiding active games at playtime.
* Sensitivity to light.
* Reading confusion with letters and words that look similar.